

Reciprocity - Worksheet Part 1

Select **three** items in the classroom that you use on a **daily** basis. **Examine** the items and fill out the worksheet **below**. Use books, the internet, and other resources to help fill out the worksheet and learn more about the land that supports our lives.

Item 1: _____

What specific natural elements are required to make this item? (e.g., plants, minerals, water)	How can you give back to the land that is used to make this item?
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Item 2: _____

What specific natural elements are required to make this item? (e.g., plants, minerals, water)	How can you give back to the land that is used to make this item?
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Item 3: _____

What specific natural elements are required to make this item? (e.g., plants, minerals, water)	How can you give back to the land that is used to make this item?
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Reciprocity - Worksheet Part 2

Showing **gratitude** and **reciprocity** requires that we get **know** another and their **needs**. Pick **one** plant with which you will focus on developing a relationship. Use the worksheet below to help you get to *know* the plant.

<p style="text-align: center;">Describe the area where the plant grows.</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p style="text-align: center;">What would you name the plant?</p> <hr/>	<p style="text-align: center;">How tall is the plant?</p> <p><input type="checkbox"/> Shorter than my ankle</p> <p><input type="checkbox"/> Shorter than my knee</p> <p><input type="checkbox"/> Shorter than my hip</p> <p><input type="checkbox"/> Taller than my shoulder</p> <p><input type="checkbox"/> Taller than my head</p>
<p style="text-align: center;">Where does the plant grow?</p> <p><input type="checkbox"/> In direct sunlight</p> <p><input type="checkbox"/> In partial sunlight</p> <p><input type="checkbox"/> In mostly shade</p> <p><input type="checkbox"/> In only shade</p>	<p style="text-align: center;">The soil where the plant grows feels...</p> <p><input type="checkbox"/> Sandy</p> <p><input type="checkbox"/> Clay-like</p> <p><input type="checkbox"/> Moist</p> <p><input type="checkbox"/> Grainy / coarse</p> <p><input type="checkbox"/> Fine</p>	<p style="text-align: center;">What is near the plant?</p> <p><input type="checkbox"/> Trees</p> <p><input type="checkbox"/> Rocks</p> <p><input type="checkbox"/> Mushrooms</p> <p><input type="checkbox"/> Plants - same species</p> <p><input type="checkbox"/> Plants - other species</p>
<p style="text-align: center;">Does the plant have...</p> <p><input type="checkbox"/> Flowers <input type="checkbox"/> Red berries</p> <p><input type="checkbox"/> Thorns <input type="checkbox"/> White berries</p> <p><input type="checkbox"/> Waxy leaves <input type="checkbox"/> Black berries</p> <p><input type="checkbox"/> Fuzzy leaves <input type="checkbox"/> Other fruit</p>	<p style="text-align: center;">The soil where the plant grows looks...</p> <p><input type="checkbox"/> Light brown</p> <p><input type="checkbox"/> Dark brown</p> <p><input type="checkbox"/> Black</p> <p><input type="checkbox"/> Yellow</p> <p><input type="checkbox"/> Red</p> <p><input type="checkbox"/> Grey/Blue/Green</p>	<p style="text-align: center;">How wide does the plant spread?</p> <p><input type="checkbox"/> Wider than my hand</p> <p><input type="checkbox"/> Wider than my 2 hands</p> <p><input type="checkbox"/> Wider than 3 hands</p> <p><input type="checkbox"/> Wider than my arm</p>
<p>Based on your observations, how or what might this plant give to the other plants? Animals? Humans?</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>		<p>How can you show gratitude for this plant in your daily life? How can you give back to this plant?</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>